

FREEMOTION
Powered By **iFT™**

INTERACTIVE. PERSONAL. TRAINING.

22 SERIES



REAGAN PEARCE — SWITZERLAND

INCLINE TRAINER



REFLEX™ TREADMILL



ELLIPTICAL



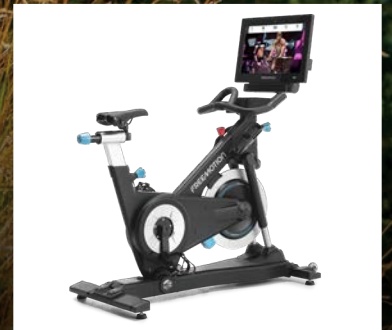
RECUMBENT BIKE



UPRIGHT BIKE



COACHBIKE™



CONTENT

WORKOUT LIBRARY || PG 3

FITNESS COACHES || PG 4

GLOBAL WORKOUTS || PG 5

STUDIO CLASSES || PG 6

GOOGLE MAPS™ || PG 7

TECHNOLOGY || PG 8

PRODUCT BENEFITS || PG 10

PRODUCT FEATURES || PG 12

SPECIFICATIONS || PG 13

WARRANTIES || PG 14

b22.7 COACHBIKE™

THE CARDIO EXPERIENCE REIMAGINED

Exclusively on content-driven cardio machines from Freemotion, your members can explore the world through thousands of coach-led workouts, right from the cardio floor. Powered by iFit, the 22 SERIES keeps users engaged with vivid imagery, motivational coaching, and auto-adjusting technology that delivers an immersive and interactive cardio experience.

Engage and retain your members with the immersive cycling experience that keeps them coming back for more. With auto-adjusting technology that matches the incline and decline of the on-screen terrain, the CoachBike delivers an unrivaled immersive experience.





THOUSANDS OF COACH-LED
WORKOUTS

Access an expansive library of on-demand workouts led by expert fitness coaches from around the world. Search or sort by location, trainer, exercise type, workout duration, intensity, and more!

WORLD-RENOWNED

FITNESS COACHES

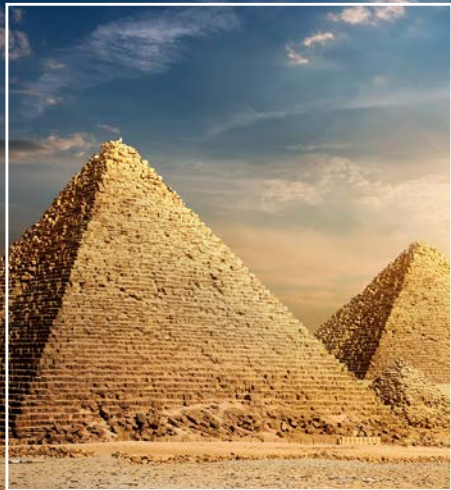
We've hand-selected 100+ Olympic champions, celebrity trainers, physical therapists, professional cyclists, and location guides to be your iFit coaches. With unique training styles and personalities that motivate and inspire, you'll quickly find your new favorite trainer.



INTERACTIVE. PERSONAL. TRAINING.

GLOBAL WORKOUTS

Explore the world without leaving the facility with thousands of inspiring training videos beautifully filmed in stunning locations around the globe, including 40+ countries and all 7 continents. Your bike's incline/decline will even adjust to match the terrain and instructions of your coach.



Travel the World

Virtually travel to unique locations with guides who share facts, information, and history that transform your workout into an engaging and educational experience.



Workout in Breathtaking Locations

Explore the islands of Hawaii, cycle the streets of Paris, or push yourself in the Alps with an exciting and immersive fitness experience.



Participate in Iconic Races

Challenge yourself by virtually participating in iconic races like the Tour de France right from the cardio floor.

BETINA GOZO — ANTARCTICA

INTERACTIVE. PERSONAL. TRAINING.

STUDIO CLASSES

Experience the hype of a high-intensity studio class alongside other participants and taught by coaches who motivate and inspire you to finish strong. Let them guide you through the workout and virtually control your bike.



Gideon Akande
STRONG & LEAN SERIES



Chris Clark
CARDIO-BLASTING BURNOUT

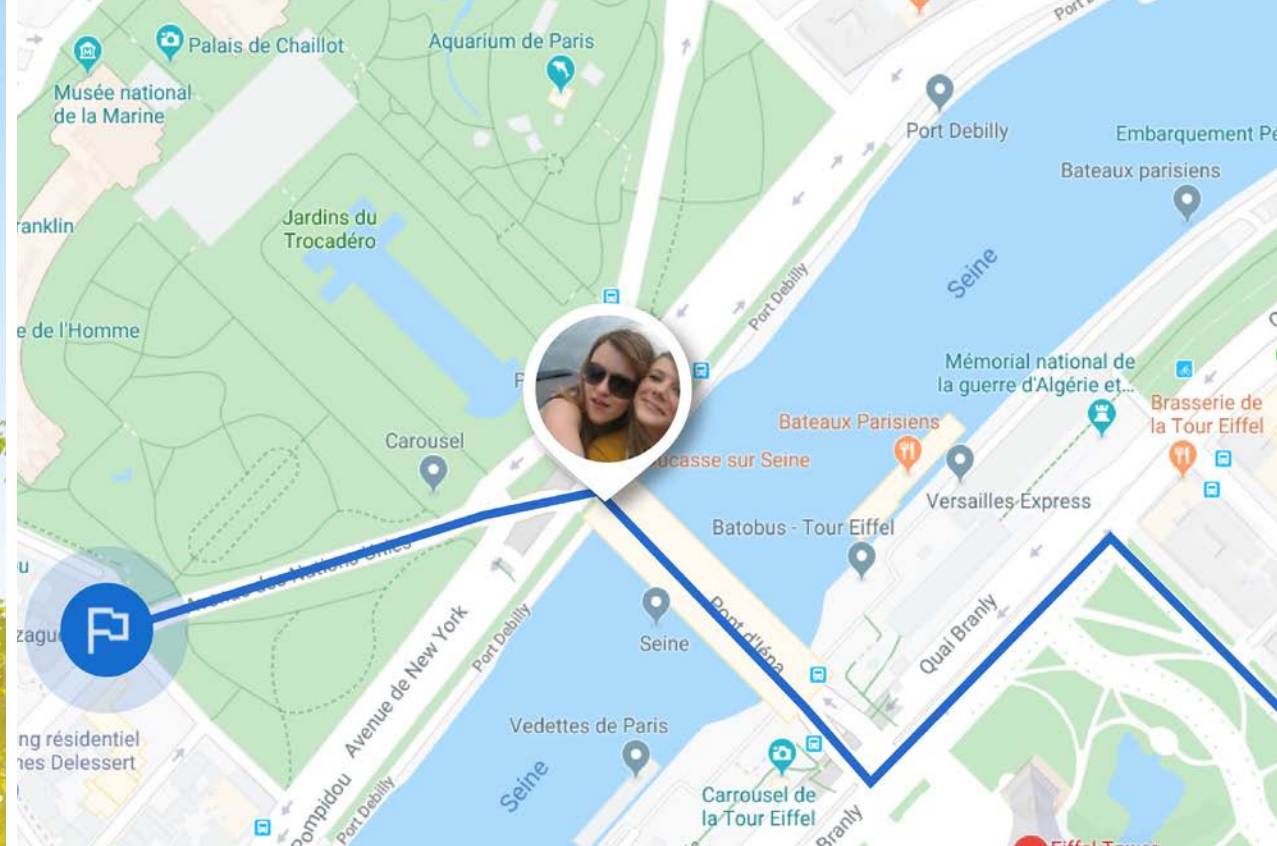


Nicole Meline
DREAM CHASER SERIES

ANJA GARCIA - IFIT STUDIO



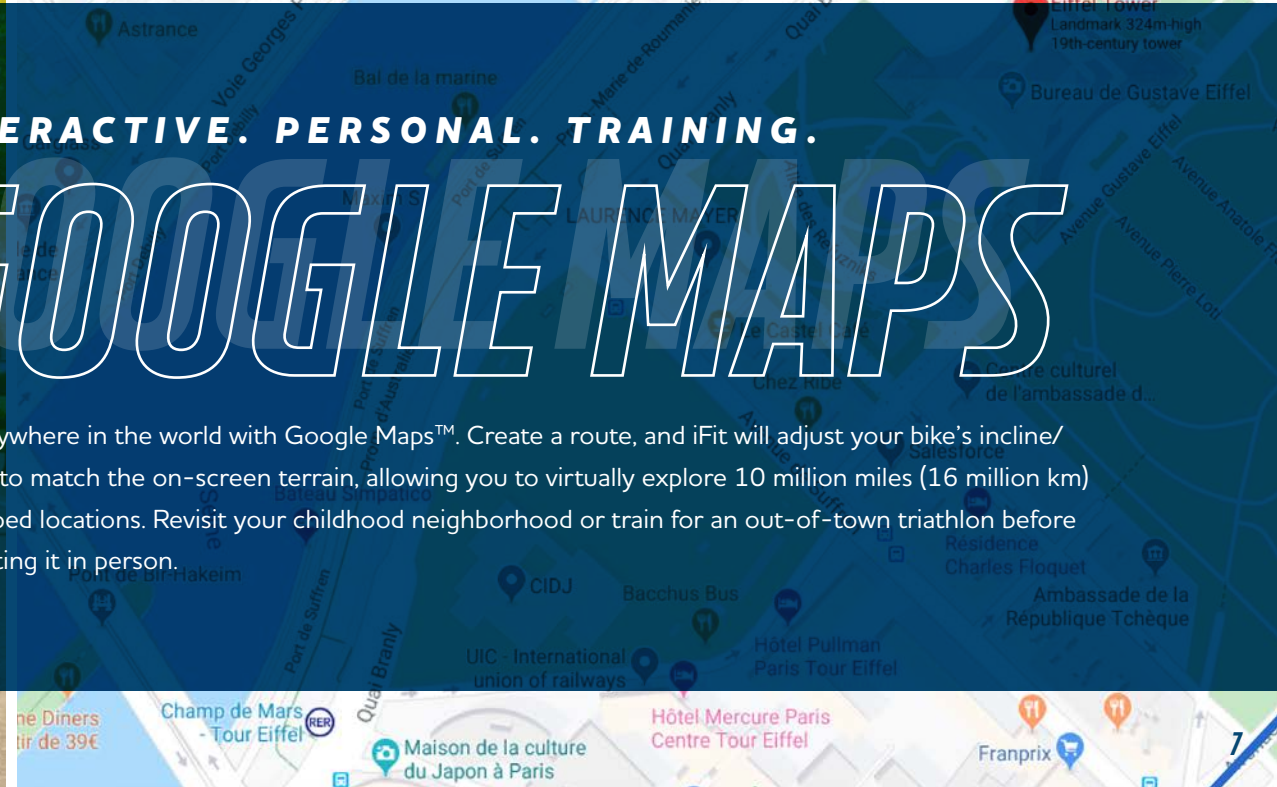
EIFFEL TOWER - PARIS, FRANCE



INTERACTIVE. PERSONAL. TRAINING.

GOOGLE MAPS

Ride anywhere in the world with Google Maps™. Create a route, and iFit will adjust your bike's incline/decline to match the on-screen terrain, allowing you to virtually explore 10 million miles (16 million km) of mapped locations. Revisit your childhood neighborhood or train for an out-of-town triathlon before completing it in person.



I'M GOING TO INCREASE
YOUR RESISTANCE!

AUTO-ADJUSTING

TECHNOLOGY

Each interactive workout allows your coach to remotely adjust the incline, decline, and/or resistance of your bike to mirror the on-screen content, creating an immersive and engaging training experience.



ASHLEIGH MCCLVOR — WHISTLER, BRITISH COLUMBIA

CONTENT ON-DEMAND, 24/7

Get access to your favorite fitness coach on your schedule, whenever you choose to workout.

ADVANCED WORKOUT METRICS

Never lose sight of your personal fitness goals with real-time metrics that go beyond traditional feedback, leveraging heart rate, watts, RPM, incline statistics, and more to measure and track your fitness journey.

PROGRESSIVE WORKOUTS

Complete a full workout series that continuously challenges you with each new workout.

EVER-EXPANDING CONTENT LIBRARY

With an extensive and ever-growing library of engaging on-screen content, you'll always have a new workout to experience or a unique location to explore.

PRODUCT

BENEFITS



WITH AUTOMATIC RESISTANCE ADJUSTMENTS, IT ALSO FEELS LIKE YOU HAVE YOUR OWN PERSONAL TRAINER STANDING RIGHT BESIDE YOU, INCREASING THE INTENSITY FOR YOU TO KEEP PUSHING YOU HARDER WITH EACH WORKOUT.

- MASHABLE



IMMERSIVE CYCLING EXPERIENCE

Cycle stunning locations around the world as your bike inclines up to 20% during hill climbs and declines down to -10% for breathtaking mountain descents, delivering an immersive cycling experience.

A SMOOTH AND EFFECTIVE WORKOUT

This maintenance-free Gates Carbon GT Belt Drive System delivers the same quiet, smooth ride that a v-belt drive provides, with the strength and production of a chain. When combined with the efficiency and performance of a fixed wheel and the most engaging content available, it provides the ultimate riding experience.

PRODUCT

BENEFITS

MAXIMUM PERFORMANCE

The dual-sided pedals accommodate both high-performance SPD cleats and traditional fitness footwear to maximize your power and your performance results.

CUSTOMIZE YOUR RIDE

With hundreds of seat and handlebar configurations available in seconds, the CoachBike can quickly adapt to every body.

A TON OF INTERESTING AND INTERACTIVE WORKOUTS, BOTH IN-STUDIO AND AROUND THE WORLD, ENSURING YOU'LL NEVER GET BORED.

- BUSINESS INSIDER



PRODUCT

FEATURES

KNOW YOUR ZONE

Get real-time data during your workout with your ANT+ or Polar® heart-rate monitor, so you know when you're in the ideal heart-healthy zone.

POWER UP

Charge your devices during your workout with a convenient USB port.

AUDIO-ENHANCED EXPERIENCE

Deeply immerse yourself in your workout with an enhanced audio experience when connecting via Bluetooth or headphone jack.

ON-THE-FLY ADJUSTMENTS

Override or adapt the programming to meet your needs by quickly adjusting the bike's resistance, incline, and decline with controls conveniently placed directly on the handlebars.



A COOL WORKOUT

Stay cool throughout the workout with an adjustable 3-speed fan, or select the AutoBreeze™ function to enjoy a variable flow that responds to your pace.

b22.7 COACHBIKE™



HIGH-DEFINITION DISPLAY

Immerse yourself in visually stunning imagery while working out in exotic locations around the globe on this high-definition 22-in (55 cm) capacitive touchscreen.

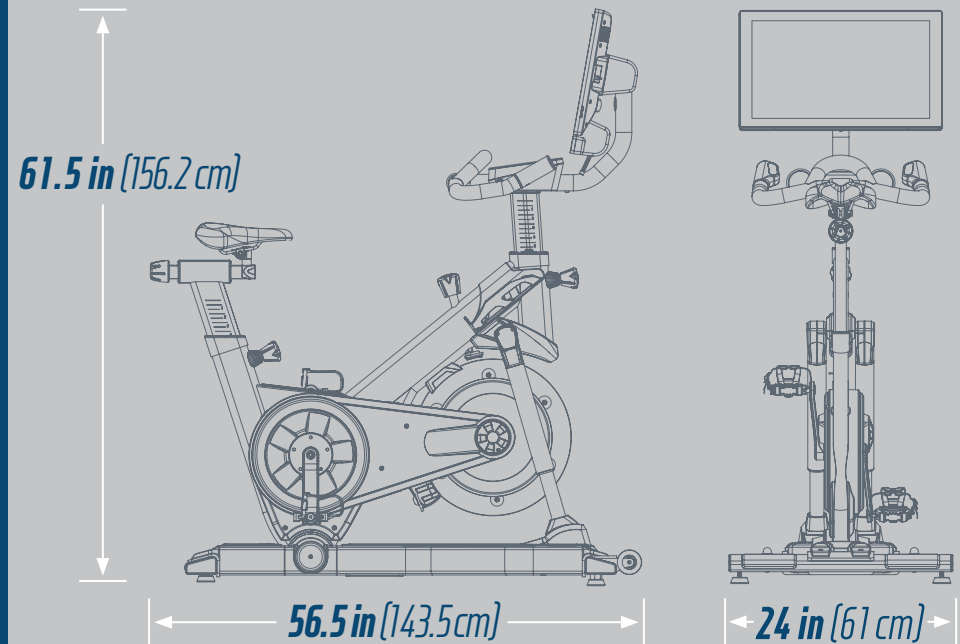
PRODUCT SPECIFICATIONS

MODEL # FMEX82820

Tilting Display	22 in (55 cm) HD Capacitive Touchscreen
Workouts	Thousands of Coach-Led, Unlimited with Google Maps
Featured Languages	EN, also DE, ES, FR, IT, PT, RU, ZH
Audio Connections	Bluetooth, 3.5 mm headphone jack
Connectivity	Ethernet or Wifi minimum: 10 Mbps per unit (Dedicated Ethernet recommended)
Decline/Incline	-10% to 20%
Drive System	Gates Carbon GT Belt
Resistance System	SMR™ Silent Magnetic Resistance
Flywheel Weight	41 lbs (18.7 kg)
Dual-Sided Pedals	Toe Strap and SPD (Shimano Pedaling Dynamics)
AutoBreeze™ Fan	Auto-Adjusting, 3-Speed, 8 in (20 cm) CrossFlow™ Fan
Heart Rate Monitoring	ANT+ and Polar Compatible
Accessories Holder(s)	Phone/Accessories Tray Dual Water Bottle Holders
Frame	Lightweight Aluminum Frame
Power Requirement	120 VAC, 3 Amp 240 VAC, 1.5 Amp
Weight Capacity	350 lbs (159 kg)
Product Weight	168 lbs (76.2 kg)
Product Dimensions (LxWxH)	56.5 x 24 x 61.5 in (143.5 x 61 x 156.2 cm)
Shipping Weight	194 lbs (88 kg)
Shipping Dimensions (LxWxH)	48.5 x 18.5 x 38.5 in (123.2 x 47 x 97.8 cm)

For the full list of specifications, visit freemotionfitness.com

22 SERIES b22.7 COACHBIKE



ELECTRICAL POWER

The CoachBikes can be powered by a standard 15 Amp circuit. A maximum of five (5) bikes may be run safely on a single circuit. The excess length of the 72 in (182 cm) power cord can be safely stored in a dedicated space under the bike.

NETWORK CONNECTIVITY

WiFi compatible. It is recommended to have a dedicated ethernet with a minimum bandwidth of 10 Mbps per unit.

CARDIO: HIGH-USAGE - 22, 10, & 8 SERIES	US & CANADA	INTERNATIONAL
Frame (not including coatings), Drive Motor	7 Years	7 Years
Parts and Console	2 Years	2 Years
Labor	1 Year	1 Year
Cosmetic & Wear Items*	6 Months	6 Months
CARDIO: LOW-USAGE - 22, 10, & 8 SERIES**	US & CANADA	INTERNATIONAL
Frame (not including coatings), Drive Motor	7 Years	7 Years
Parts and Console	3 Years	3 Years
Labor	3 Years	1 Year
Cosmetic & Wear Items*	6 Months	6 Months
TV ATTACHMENTS	US & CANADA	INTERNATIONAL
MYE Digital LCD TV	3 Years	3 Years
MYE TV Controller & Wireless Receiver	2 Years	2 Years
MYE Wireless Transmitter	5 Years	5 Years
INDOOR BIKES	US & CANADA	INTERNATIONAL
Frame (not including coatings)	7 Years	7 Years
Belt	5 Years	5 Years
Parts and Console	2 Years	2 Years
Labor	1 Year	1 Year
Cosmetic & Wear Items*	6 Months	6 Months
FUSION	US & CANADA	INTERNATIONAL
Frame (not including coatings)	10 Years	10 Years
Parts	2 Years	2 Years
Ropes and Labor	1 Year	1 Year
Cosmetic & Wear Items*	6 Months	6 Months
STRENGTH/BENCHES/RIGS/RACKS/ATTACHMENTS	US & CANADA	INTERNATIONAL
Frame (not including coatings)	10 Years	10 Years
Parts	3 Years	3 Years
Cables and Labor	1 Year	1 Year
Cosmetic & Wear Items*	6 Months	6 Months
Upholstery & Padding	120 Days	120 Days
FREE WEIGHTS	US & CANADA	INTERNATIONAL
Urethane-coated Weights (repair or replace at our discretion)	3 Years	3 Years
Rubber-coated Weights (repair or replace at our discretion)	2 Years	2 Years

FREEMOTION.
WARRANTIES

*Includes Non-warning Decals, Deck Rails, Pulse Grips, USB, Audio Jack, Handrails, Motor Hood, Fan Levers, Water Bottle Holders, Pedals, Pedal Straps, Seats, Handles/Levers/Knobs, Hand Grips, Removable Trays, Weight Pins, Springs, Belts (except Walking Belts), Accessories, Rust on Any Metal Components.

**For non-dues paying facilities with machine usage of 6 hours or less per day.

FREEMOTION®

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